



Dr. Kenneth Silvestri, Ed.D, CCH, RSHom
Psychotherapist | Certified Classical Homeopath
drkennethsilvestri@gmail.com | 973.214.0540

COMPLETE LIST OF PUBLICATIONS

By Dr. Kenneth Silvestri

(As of July 07, 2023)

Links to selected articles are available on my web site under Publications

The Process of Change

Psychology Today, July 7, 2023,

<https://www.psychologytoday.com/us/blog/a-wider-lens/202307/the-process-of-change>

The Power of Storytelling

Psychology Today, June 6, 2023,

<https://www.psychologytoday.com/us/blog/a-wider-lens/202306/the-power-of-storytelling>

How to Sustain Happiness

Psychology Today, May 7, 2023,

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The Value of Poetic Expression

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<https://www.psychologytoday.com/us/blog/a-wider-lens/202304/the-value-of-poetic-expression>

Steps to an Ecology of Self and Relational Fulfillment

Psychology Today, December 27, 2022,

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The Purpose of Conflict

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<https://www.psychologytoday.com/us/blog/wider-lens/202209/the-purpose-of-conflict>

The Value of “Warm Data”

Psychology Today, July 22, 2022,

<https://www.psychologytoday.com/us/blog/wider-lens/202207/the-value-warm-data>

Unpsychology: Issue 8: An Anthology of Warm Data

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<https://www.unpsychology.org/>

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A collection of poems and images by Dr. Ken Silvestri, Cat Weaver and Natasha Rabin.

Publisher Link: <https://store.bookbaby.com/book/train-romance>

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<https://www.psychologytoday.com/us/blog/wider-lens/202112/the-use-mutual-learning-relational-self-fulfillment>

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Selected Articles, 1997-2020, and Media Presentations

https://8f38f40f-02df-488e-9883-b9c4b309d8e3.filesusr.com/ugd/4e5a6f_a95c70196c7d48e2b418399afa87fe33.pdf

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