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COMPLETE LIST OF PUBLICATIONS

By Dr. Kenneth Silvestri (As of Jan 11, 2022)

Links to selected articles are available on my web site under Publications and Publications Archives:

Train Romance, (Publisher: BookBaby) paperback, Jan 26, 2022

A collection of poems and images by Dr. Ken Silvestri, Cat Weaver and Natasha Rabin.

https://www.amazon.com/dp/1667815199/ref=cm_sw_r_awdo_navT_g_9Z0A3 VJAGWWAFT0RDAQM

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https://www.psychologytoday.com/us/blog/wider-lens/202112/the-use-mutual-learning-relational-self-fulfillment

Holograms, Acorns, and Self-Fulfillment:

Psychology Today, Oct 13, 2021,

https://www.psychologytoday.com/us/blog/wider-lens/202110/holograms-acorns-and-self-fulfillment

The Joy of Homeopathy: Mental and Emotional Healing.

Selected Articles, 1997-2020, and Media Presentations

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Legacy Poems e-Book, By Kenneth Silvestri.

Selected Poems

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The Holistic Benefits of Family Therapy: How individuality is defined by the context of our relationships.

Psychology Today, Aug 21, 2021,

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https://www.psychologytoday.com/us/blog/wider-lens/202103/how-harvest-possibilities-learning-the-greatest

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"Weathering Paradoxes Through Poetic Healing: A courageous way to understand and soothe yourself during times of crisis."

Psychology Today, Jan 04, 2021,

https://www.psychologytoday.com/us/blog/wider-lens/202101/weathering-paradoxes-through-poetic-healing

"Why We Should Change the Noun "Gratitude" Into a Verb: Preparing for a Joyful Holiday in This Crazy Time."

Psychology Today, Nov 17, 2020,

https://www.psychologytoday.com/us/blog/wider-lens/202011/why-we-should-change-the-noun-gratitude-verb

"Similia Similibus Curentur: The Gift of Homeopathy"

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"The Ecology of Breathing: Enhancing Your Cuddle Hormone," Psychology Today, March 03, 2019, https://www.psychologytoday.com/us/blog/wider-

<u>lens/201903/the-ecology-breathing-enhancing-your-cuddle-hormone</u> (Ongoing Column, #06)

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