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## **COMPLETE LIST OF PUBLICATIONS**

**By Dr. Kenneth Silvestri**

*(As of September 27, 2022)*

Links to selected articles are available on my web site under Publications

### ***Steps to an Ecology of Self and Relational Fulfillment***

Psychology Today, December 27, 2022,

<https://www.psychologytoday.com/intl/blog/a-wider-lens/202212/steps-to-an-ecology-of-self-and-relational-fulfillment>

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<https://www.psychologytoday.com/us/blog/wider-lens/202209/the-purpose-conflict>

### ***The Value of "Warm Data"***

Psychology Today, July 22, 2022,

<https://www.psychologytoday.com/us/blog/wider-lens/202207/the-value-warm-data>

### ***Unpsychology: Issue 8: An Anthology of Warm Data***

Unpsychology, Summer 2022,

<https://www.unpsychology.org/>

### ***The Importance of the Aesthetic in Creativity***

Psychology Today, May 28, 2022,

<https://www.psychologytoday.com/us/blog/wider-lens/202205/the-importance-the-aesthetic-in-creativity>

### ***Our Relationships as the Source of Improvisational Possibilities***

Psychology Today, Mar 06, 2022,

<https://www.psychologytoday.com/us/blog/wider-lens/202203/our-relationships-the-source-improvisational-possibilities>

***What Your Legacy Can Tell You***

Psychology Today, Feb 06, 2022,

<https://www.psychologytoday.com/us/blog/wider-lens/202202/what-your-legacy-can-tell-you>

***Train Romance***, (Publisher: BookBaby) paperback, Jan 26, 2022

A collection of poems and images by Dr. Ken Silvestri, Cat Weaver and Natasha Rabin.

Publisher Link: <https://store.bookbaby.com/book/train-romance>

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Psychology Today, Oct 13, 2021,

<https://www.psychologytoday.com/us/blog/wider-lens/202110/holograms-acorns-and-self-fulfillment>

***The Joy of Homeopathy: Mental and Emotional Healing.***

Selected Articles, 1997-2020, and Media Presentations

[https://8f38f40f-02df-488e-9883-b9c4b309d8e3.filesusr.com/ugd/4e5a6f\\_a95c70196c7d48e2b418399afa87fe33.pdf](https://8f38f40f-02df-488e-9883-b9c4b309d8e3.filesusr.com/ugd/4e5a6f_a95c70196c7d48e2b418399afa87fe33.pdf)

***Legacy Poems e-Book, By Kenneth Silvestri.***

Selected Poems

[https://8f38f40f-02df-488e-9883-b9c4b309d8e3.filesusr.com/ugd/4e5a6f\\_07f8238d0e614cef8215ee603ef1c966.pdf](https://8f38f40f-02df-488e-9883-b9c4b309d8e3.filesusr.com/ugd/4e5a6f_07f8238d0e614cef8215ee603ef1c966.pdf)

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<https://www.psychologytoday.com/us/blog/wider-lens/202107/post-pandemic-perspective-using-warm-data>

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A metaphorical lesson from Willie Mays.***

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<https://www.psychologytoday.com/us/blog/wider-lens/202103/how-harvest-possibilities-learning-the-greatest>

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Psychology Today, Jan 04, 2021,

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