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## COMPLETE LIST OF PUBLICATIONS

By Dr. Kenneth Silvestri  
(As of May 12, 2022)

Links to selected articles are available on my web site under Publications

### ***Our Relationships as the Source of Improvisational Possibilities***

Psychology Today, Mar 06, 2022,

<https://www.psychologytoday.com/us/blog/wider-lens/202203/our-relationships-the-source-improvisational-possibilities>

### ***What Your Legacy Can Tell You***

Psychology Today, Feb 06, 2022,

<https://www.psychologytoday.com/us/blog/wider-lens/202202/what-your-legacy-can-tell-you>

### ***Train Romance***, (Publisher: BookBaby) paperback, Jan 26, 2022

A collection of poems and images by Dr. Ken Silvestri, Cat Weaver and Natasha Rabin.

Publisher Link: <https://store.bookbaby.com/book/train-romance>

[https://www.amazon.com/dp/1667815199/ref=cm\\_sw\\_r\\_awdo\\_navT\\_g\\_9Z0A3VJAGWWAFTORDAQM](https://www.amazon.com/dp/1667815199/ref=cm_sw_r_awdo_navT_g_9Z0A3VJAGWWAFTORDAQM)

### ***The Use of Mutual Learning for Relational Self-Fulfillment***

Psychology Today, Dec 21, 2021,

<https://www.psychologytoday.com/us/blog/wider-lens/202112/the-use-mutual-learning-relational-self-fulfillment>

### ***Holograms, Acorns, and Self-Fulfillment:***

Psychology Today, Oct 13, 2021,

<https://www.psychologytoday.com/us/blog/wider-lens/202110/holograms-acorns-and-self-fulfillment>

### ***The Joy of Homeopathy: Mental and Emotional Healing.***

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Selected Poems

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<https://www.psychologytoday.com/us/blog/wider-lens/202108/the-holistic-benefits-family-therapy>

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***Experience Walking Therapy: The value of harmonizing with nature.***

Psychology Today, Mar 07, 2021,

<https://www.psychologytoday.com/us/blog/wider-lens/202105/experience-walking-therapy>

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***“Overcoming Doubt, Understanding How It Comes About”*** *Psychology Today*, Sept 04, 2019, <https://www.psychologytoday.com/us/blog/wider-lens/201909/overcoming-doubt-understanding-how-it-comes-about>(Ongoing Column, #12)

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