# LEGACY POEMS e-book

## By Kenneth Silvestri

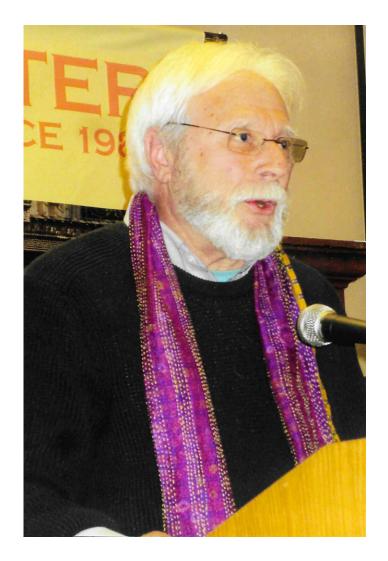


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#### **ABOUT THE AUTHOR**



Kenneth Silvestri is a Psychotherapist, Homeopath, and Poet/ Photographer. He holds a doctorate in Family Cultural Studies from Columbia University. Ken uses his love of poetry, photography and Aikido for healing others and for personal inspiration. Besides his blog for Psychology Today, he has authored over 100 articles/chapters for professional journals and his poems have appeared in the Paterson Literary Review, Lips, other publications. His books include A Wider Lens: How to See Your Life Differently; Train Romance: Poetry and Images with Cat Weaver and Natasha Rabin; The Joy Of Homeopathy: Mental and Emotional Healing. His website is www.drkennethsilvestri.com

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